



## 2014 Federal Poverty Level

The benefit levels of many low-income assistance programs are based on these poverty guidelines. Find your family size and monthly or yearly income below to determine your FPL percentage category.

Note: Pregnant women count as two people for the purpose of this chart.

### 48 Contiguous States and the District of Columbia

Family Size	% Gross Yearly Income									
	25%	50%	75%	81%	100%	133%	175%	200%	250%	300%
1	\$2,918	\$5,835	\$8,753	\$9,453	\$11,670	\$15,521	\$20,423	\$23,340	\$29,175	\$35,010
2	\$3,933	\$7,865	\$11,798	\$12,741	\$15,730	\$20,921	\$27,528	\$31,460	\$39,325	\$47,190
3	\$4,948	\$9,895	\$14,843	\$16,030	\$19,790	\$26,321	\$34,633	\$39,580	\$49,475	\$59,370
4	\$5,963	\$11,925	\$17,888	\$19,319	\$23,850	\$31,721	\$41,738	\$47,700	\$59,625	\$71,550
5	\$6,978	\$13,955	\$20,933	\$22,607	\$27,910	\$37,120	\$48,843	\$55,820	\$69,775	\$83,730
6	\$7,993	\$15,985	\$23,978	\$25,896	\$31,970	\$42,520	\$55,948	\$63,940	\$79,925	\$95,910
7	\$9,008	\$18,015	\$27,023	\$29,184	\$36,030	\$47,920	\$63,053	\$72,060	\$90,075	\$108,090
8	\$10,023	\$20,045	\$30,068	\$32,473	\$40,090	\$53,320	\$70,158	\$80,180	\$100,225	\$120,270

Family Size	% Gross Monthly Income									
	25%	50%	75%	81%	100%	133%	175%	200%	250%	300%
1	\$243	\$486	\$729	\$788	\$973	\$1,293	\$1,702	\$1,945	\$2,431	\$2,918
2	\$328	\$655	\$983	\$1,062	\$1,311	\$1,743	\$2,294	\$2,622	\$3,277	\$3,933
3	\$412	\$825	\$1,237	\$1,336	\$1,649	\$2,193	\$2,886	\$3,298	\$4,123	\$4,948
4	\$497	\$994	\$1,491	\$1,610	\$1,988	\$2,643	\$3,478	\$3,975	\$4,969	\$5,963
5	\$581	\$1,163	\$1,744	\$1,884	\$2,326	\$3,093	\$4,070	\$4,652	\$5,815	\$6,978
6	\$666	\$1,332	\$1,998	\$2,158	\$2,664	\$3,543	\$4,662	\$5,328	\$6,660	\$7,993
7	\$751	\$1,501	\$2,252	\$2,432	\$3,003	\$3,993	\$5,254	\$6,005	\$7,506	\$9,008
8	\$835	\$1,670	\$2,506	\$2,706	\$3,341	\$4,443	\$5,846	\$6,682	\$8,352	\$10,023

## Alaska

Family Size	% Gross Yearly Income									
	25%	50%	75%	81%	100%	133%	175%	200%	250%	300%
1	\$3,645	\$7,290	\$10,935	\$11,810	\$14,580	\$19,391	\$25,515	\$29,160	\$36,450	\$43,740
2	\$4,915	\$9,830	\$14,745	\$15,925	\$19,660	\$26,148	\$34,405	\$39,320	\$49,150	\$58,980
3	\$6,185	\$12,370	\$18,555	\$20,039	\$24,740	\$32,904	\$43,295	\$49,480	\$61,850	\$74,220
4	\$7,455	\$14,910	\$22,365	\$24,154	\$29,820	\$39,661	\$52,185	\$59,640	\$74,550	\$89,460
5	\$8,725	\$17,450	\$26,175	\$28,269	\$34,900	\$46,417	\$61,075	\$69,800	\$87,250	\$104,700
6	\$9,995	\$19,990	\$29,985	\$32,384	\$39,980	\$53,173	\$69,965	\$79,960	\$99,950	\$119,940
7	\$11,265	\$22,530	\$33,795	\$36,499	\$45,060	\$59,930	\$78,855	\$90,120	\$112,650	\$135,180
8	\$12,535	\$25,070	\$37,605	\$40,613	\$50,140	\$66,686	\$87,745	\$100,280	\$125,350	\$150,420

Family Size	% Gross Monthly Income									
	25%	50%	75%	81%	100%	133%	175%	200%	250%	300%
1	\$304	\$608	\$911	\$984	\$1,215	\$1,616	\$2,126	\$2,430	\$3,038	\$3,645
2	\$410	\$819	\$1,229	\$1,327	\$1,638	\$2,179	\$2,867	\$3,277	\$4,096	\$4,915
3	\$515	\$1,031	\$1,546	\$1,670	\$2,062	\$2,742	\$3,608	\$4,123	\$5,154	\$6,185
4	\$621	\$1,243	\$1,864	\$2,013	\$2,485	\$3,305	\$4,349	\$4,970	\$6,213	\$7,455
5	\$727	\$1,454	\$2,181	\$2,356	\$2,908	\$3,868	\$5,090	\$5,817	\$7,271	\$8,725
6	\$833	\$1,666	\$2,499	\$2,699	\$3,332	\$4,431	\$5,830	\$6,663	\$8,329	\$9,995
7	\$939	\$1,878	\$2,816	\$3,042	\$3,755	\$4,994	\$6,571	\$7,510	\$9,388	\$11,265
8	\$1,045	\$2,089	\$3,134	\$3,384	\$4,178	\$5,557	\$7,312	\$8,357	\$10,446	\$12,535

## Hawaii

Family Size	% Gross Yearly Income									
	25%	50%	75%	81%	100%	133%	175%	200%	250%	300%
1	\$3,355	\$6,710	\$10,065	\$10,870	\$13,420	\$17,849	\$23,485	\$26,840	\$33,550	\$40,260
2	\$4,523	\$9,045	\$13,568	\$14,653	\$18,090	\$24,060	\$31,658	\$36,180	\$45,225	\$54,270
3	\$5,690	\$11,380	\$17,070	\$18,436	\$22,760	\$30,271	\$39,830	\$45,520	\$56,900	\$68,280
4	\$6,858	\$13,715	\$20,573	\$22,218	\$27,430	\$36,482	\$48,003	\$54,860	\$68,575	\$82,290
5	\$8,025	\$16,050	\$24,075	\$26,001	\$32,100	\$42,693	\$56,175	\$64,200	\$80,250	\$96,300
6	\$9,193	\$18,385	\$27,578	\$29,784	\$36,770	\$48,904	\$64,348	\$73,540	\$91,925	\$110,310
7	\$10,360	\$20,720	\$31,080	\$33,566	\$41,440	\$55,115	\$72,520	\$82,880	\$103,600	\$124,320
8	\$11,528	\$23,055	\$34,583	\$37,349	\$46,110	\$61,326	\$80,693	\$92,220	\$115,275	\$138,330

Family Size	% Gross Monthly Income									
	25%	50%	75%	81%	100%	133%	175%	200%	250%	300%
1	\$280	\$559	\$839	\$906	\$1,118	\$1,487	\$1,957	\$2,237	\$2,796	\$3,355
2	\$377	\$754	\$1,131	\$1,221	\$1,508	\$2,005	\$2,638	\$3,015	\$3,769	\$4,523
3	\$474	\$948	\$1,423	\$1,536	\$1,897	\$2,523	\$3,319	\$3,793	\$4,742	\$5,690
4	\$571	\$1,143	\$1,714	\$1,852	\$2,286	\$3,040	\$4,000	\$4,572	\$5,715	\$6,858
5	\$669	\$1,338	\$2,006	\$2,167	\$2,675	\$3,558	\$4,681	\$5,350	\$6,688	\$8,025
6	\$766	\$1,532	\$2,298	\$2,482	\$3,064	\$4,075	\$5,362	\$6,128	\$7,660	\$9,193
7	\$863	\$1,727	\$2,590	\$2,797	\$3,453	\$4,593	\$6,043	\$6,907	\$8,633	\$10,360
8	\$961	\$1,921	\$2,882	\$3,112	\$3,843	\$5,111	\$6,724	\$7,685	\$9,606	\$11,528

The following figures are the 2014 HHS poverty guidelines as of January 22, 2014.  
 (Source: <http://aspe.hhs.gov/poverty/14poverty.cfm>)  
 Monthly percentage data calculated by FHCE and rounded to the nearest dollar.